

• START YOUR DAY THE AURA WAY •

7:00AM - 11:30AM

ASIAN BRUNCH BOWL Poached Egg, Kimchi, Avocado, Nori Crackers (S) (VG)	70
MISO EGGS BENEDICT Shiitake Mushroom, Miso Hollandaise (D) (VG) (S)	70
SCRAMBLED EGGS Toasted Sourdough, Togarashi, Sesame (D) (VG) add Fresh Black Truffle +10	60
AVOCADO ON TOAST Radish, Pickled Ginger (VG) (V) add Poached Egg +10	65
TRUFFLE MUSHROOMS ON TOAST Truffle Cream, Wild Mushrooms (D) (VG) add Poached Egg +10	70
SMOKED SALMON BAGEL Wasabi Cream Cheese, Nori, Pickled Ginger (D)	95
BLUEBERRY AÇAI BOWL Mixed Berries, Banana, Pomegranate (GF) (VG) (V)	50
GRANOLA & YOGHURT BOWL Mixed Berries (D) (N) (VG) (GF)	50
MIXED FRUITS Greek Yoghurt (D) (VG) (V)	50
JAPANESE PANCAKE Vanilla Chantilly (D) (VG)	50
SALMON TRUFFLE TOAST Boiled Eggs, Smoked Salmon, Truffe Caviar, Sourdough Toast (D)	95

• BEVERAGE •

360 DEGREES Vodka, Sparkling Wine, Pomegranate, Lemon	90
CALAMOSA Sparkling Wine, Calamansi, Cherry Blossom Syrup	90
BLOODY AURA Spiced Tomato, Yuzu, Wasabi Choice of Vodka, Gin or Tequila	90
AURA COCONUT	60
FRESH JUICE Passion Fruit, Watermelon, Pomegranate, Green Apple, Orange, Pineapple	45
SMOOTHIES	65
AÇAI BURST - Açai, Blueberry, Mango, Banana	
HEART BEET - Beetroot, Ginger, Pineapple, Blueberry	
GREEN MEADOW - Spinach, Celery, Broccoli, Mango, Banana, Pineapple	
SMOOTHIE OF THE DAY - Kindly ask our team for today's flavour	70
COFFEE	
ESPRESSO	35
LATTE CAPPUCCINO	40
FLAT WHITE AMERICANO	40
COLD BREW	40
ICED COFFEE	45
AURA HOT CHOCOLATE MOCHA	45
MATCHA LATTE add Flavour +5	45

ALLERGENS GLUTEN FREE (GF) DAIRY (D) NUTS (N) SOY (S) VEGETARIAN (VG) VEGAN (V)

ALL PRICES ARE INDICATED IN AED & ARE INCLUSIVE OF 7% MUNICIPALITY FEE & 5% VALUE-ADDED TAX

TEA BAGS

ORGANIC ENGLISH BREAKFAST [BLACK]	40
MAJESTIC EARL GREY [BLACK]	40
JASMINE MAO JIAN [GREEN]	40
ORGANIC SPRING MAO FENG [GREEN]	40
RUSH HOUR BERRY [HERBAL INFUSION]	40
ORGANIC CHAMOMILE COOLER [HERBAL INFUSION]	40

LOOSE TEA

AURA BAMBOO SNOW WHITE [WHITE]	40
ORIENTAL MOMENTS [BLACK]	40
SAPPHIRE JASMINE NEEDLE [WHITE]	40
PEACH BLOOM [WHITE]	45
TROPICAL GREEN [GREEN]	40
ROOIBOS VANILLA EARL GREY [HERBAL INFUSION]	40

• POWER SHAKES •

75

Choose Your Powder

100% WHEY PROTEIN ISOLATE WITH ADDED VITAMINS AND MINERALS

VANILLA CREAM

Zero Carb | 25g Protein | 100 Kcal | 0 Sugar

STRAWBERRIES AND CREAM

Zero Carb | 25g Protein | 100 Kcal | 0 Sugar

DUTCH CHOCOLATE

Low Carb | 25g Protein | 110 Kcal | 0 Sugar

COOKIES AND CREAM

Zero Carb | 25g Protein | 110 Kcal | 0 Sugar

Choose Your Liquid

ALMOND MILK

Per 150ml = 36 Calories | 0.75g Protein | 2.6g Carb | 1.2g Fat

FULL FAT MILK

Per 150ml = 91.2 Calories | 4.8g Protein | 6.9g Carb | 4.8g Fat

LOW FAT MILK

Per 150ml = 63.6 Calories | 5.1g Protein | 7.8g Carb | 1.5g Fat

SKIMMED MILK

Per 150ml = 50.4 Calories | 5.1g Protein | 7.2g Carb | 0.1g Fat

COCONUT WATER

Per 150ml = 33 Calories | 0g Protein | 8.4g Car | 0g Fat

SOYA MILK

Per 150ml = 50.4 Calories | 4.95g Protein | 4.05g Carb | 2.85g Fat

Choose Four Ingredients

OATS

Per 100g = 9g Fiber | 11g Protein | 60g Carb | 8g Fat

PEANUT BUTTER

Per 1tbsp = 3g Sugar | 4g Protein | 3.5g Carb | 8g Fat

SUNFLOWER SEEDS

Per 1/4cup = 3.9g Fiber | 5.8g Protein | 7g Carb | 19g Fat

CHIA SEEDS

Per 10g = 3.84g Fiber | 1.7g Protein | 46.4g Kcal | 3.52g Fat

ALMOND NUTS

Per 10g = 1.25g Fiber | 2.12g Protein | 2.16 Carb | 5g Fat

WALNUTS

Per 10g = 0.7g Fiber | 1.5g Protein | 1.37 Carb | 6.52g Fat

BANANA

Per pc = 3g Fiber | 1g Protein | 28 Carb | 110 Calories

STRAWBERRY

Per 100g = 2g Fiber | 0.7g Protein | 7.7 Carb | 32 Calories

DARK CHOCOLATE 63%

Per 20g = 2g Fiber | 1.5g Protein | 10g Carb | 113 Calories

GREEK YOGHURT

Per 20g = 2g Fiber | 1.5g Protein | 10g Carb | 113 Calories

CINNAMON POWDER

Per 1tsp = 1.4g Fiber | 11.2mg Potassium | 2.1g Carb | 6.42 Calories

DATES

Per 50g = 4g Fiber | 1.25 Protein | 37.5g Carb | 141 Calories

COFFEE

Per 60ml = 125.6mg Caffeine | 0.5 Carb | 0.1g Fat | 2.7 Calories

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